

HOW GOD MADE US

God's very design for our bodies depicts His intention for their use. We are intricately woven together - body, soul, and spirit and created for His pleasure. Earthly manufacturers make some amazing products, but no human creation or design is made in the detailed image of its maker inside and out. The Father, Son, and Holy Spirit were all involved in our creation. We are fully human, yet as followers of Christ we partake of His divine nature which gives us everything we need for life and godliness.

God created us to enjoy pleasure with 10,000 taste buds and four other senses in which we can experience food, the world around us, and each other in multiple ways. Our emotions and mental capacities allow for the experience of more dimensions that we can imagine. Through our physical, emotional, and intellectual capabilities come our own incredible creations and inventions. As followers of Christ, when we consider ourselves filled with the Spirit of God Himself, we transcend our humanity and sit with Him in the heavenly realms with the same power within us that God exerted when He raised Christ from the dead!¹ This is, of course, only when we are walking in the Spirit, keeping in step with Him² in our daily dance through life.

We get to choose. He does not force obedience to His instructions. He gave better instructions for how to care for ourselves than any earthly manufacturer gives - His Word! Not only that, but He also gives us His Spirit to live in us and speak directly to our hearts and through other Believers. If we follow those instructions (live according to the Spirit), we have an eternal guaranty and guidance through every step of our earthly life. When we ignore His instructions, we void the guaranty of His protection and bring death upon ourselves in numerous ways, even while we maintain eternal life. When we abuse ourselves and others by not following His ways regarding chastity, there are consequences. We often think we know better than a manufacturer when we use a product. The ramifications are that it may not function properly and have an early demise. When we think we know better than God (pride), which is what we are doing every time we disobey His instructions, there are consequences. As Paul put it in Romans 8, the mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.³

As we contemplate God's remarkable design of our bodies we will begin to cherish His loving and faithful instructions as never before.

¹ Ephesians 1:19-20.

² Galatians 5:25.

³ Romans 8:6.